

Duchess of York hypnotised for new reality show

Sarah Ferguson, the Duchess of York, has been hypnotised by a psychiatrist as part of an American reality show.



The Duchess of York was hypnotised by a psychiatrist as part of an American reality show Photo: REX FEATURES

8:56AM BST 16 May 2011

The Duke of York's ex-wife is seen telling Karen Mann, a Harley Street psychotherapist, that she regrets divorcing him - and says that he also regrets the decision.

Footage shows her lying on a chaise longue with a satin pillow behind her head, according to a report.

She said: "I wish we'd never got divorced."

The television series, called Finding Sarah, was filmed by the Oprah Winfrey Network.

The Duchess said: "He and I both wish we'd never got divorced, but we did. I wish I could go back and be the bride again, but I can't."

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She said: "He's my best friend and the father of my children. He's a great ex."

The footage was intended to be used in a six-part series but it is understood that executives may decide not to use it, the Sun reported.

A source said that the Duchess took part in the hypnosis session for "research" and that she did not intend for it to be aired.

The Duchess spoke earlier this month about her omission from the guest list for the **royal wedding** of the Duke and Duchess of Cambridge.

Speaking on Oprah Winfrey's chat show she said that it was "difficult" not being invited to wedding because she wanted to share the day with her daughters, Princesses Beatrice, 22, and Eugenie, 21, who were invited along with their father.

Last year, the Duchess was filmed by an undercover reporter posing as an Indian businessman offering access to her former husband, Britain's trade ambassador, for £500,000.